

JUNIOR GOLF PROGRAM



**2011
GOLF SEASON**



Lynx Ridge
GOLF CLUB

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Welcome to a new and exciting golf season!

Welcome juniors and parents to the 2011 golfing season at Lynx Ridge Golf Club! We continue to strive to build and maintain the top junior program in Calgary.

We are continuing to offer our Spring Junior Swing Lessons in the months of May and June. As well, we will be hosting many Junior Summer Camps throughout the summer. All lessons will be taught by a CPGA Professional with the main focus on improving all aspects of his or her game.

Our goal is to create interest in golf directed towards juniors. To improve their game and have as much fun as possible while improving their game on a constant basis.

This booklet specific events and dates for the upcoming golfing season at Lynx Ridge Golf Club.



SPRING SWING CLASSES

Following the great success of our spring swing classes last season we are going ahead with them again in 2010! The general outline will be very similar, with a few minor changes to further help our junior members. Every player regardless of age, ability or experience can benefit from these lessons. They are a great way to learn fundamental skills that are needed to enjoy this game to the max, and also as a refresher in the spring for the more experienced player. Remember we do live in Canada and it is a very long and chilly winter!

OVERVIEW OF LESSON PLAN

1. Putting - Putting is the absolute most important part of the game; we will spend one full lesson on the fundamentals of the putting stroke. This lesson will include putting games and practice routines that each junior can take home with them to further help them improve their putting. We will also make sure that each junior has a putter that fits them. If parents would like to bring in putters to be cut down, please bring them a few weeks prior to the first lesson and we will gladly cut them to the right length.

2. Chipping - Along with putting, chipping rounds out the "short game". The proper chipping technique is vital to hitting great chips that lead to easy putts. We will cover the basic stance, proper hand position and stroke associated with chipping. As with putting, we will also be incorporating games and drills that can be used well after the final lesson is finished!

3. Full Swing - The part everyone loves! We will incorporate this section of the program into two (2) lessons. In the first lesson we will cover the basic fundamentals involved in a great golf swing, grip, stance, and posture. In the second lesson more of the swing fundamentals will be introduced. Safety will also be a large portion of this section; each junior will be given the safety procedures to follow before ever hitting a golf shot to ensure safety for everyone involved.

Dates:

May 1, May 8, May 22, and May 25 (No class May 15)

Start Times:

6-8yrs: 2:00 – 2:45

9-11yrs: 3:00 – 3:45

12+: 4:00 – 4:45

Cost: \$60.00 + GST

SUMMER SKILLS CAMP

This season we will be continuing our Summer Camps in the junior program. These camps will offer in depth coaching for players of all ages and ability levels. Each camp will be spread over 2 days, with 2 hours of instruction each day, for a total of 4 hours instruction. Camps will be broken into 3 age groups. The ages group break down will be as follows; 8 yrs – 10yrs, 11yrs – 13yrs, and a 14 – 18yrs group. To maximize the amount of one on one coaching time for each student, there will be a maximum of 10 juniors per group; this will allow each teacher to spend the necessary amount of time to fully help each player.

CAMP DETAILS

- Cost is \$99 per junior
- Maximum 10 juniors per group
- Each junior will receive a giveaway gift
- Register in the Proshop

AGE GROUP BREAKDOWN

8 – 10 Years

This is a very exciting group! This is the only group that will pair boys and girls together and will consist of 1 hour sessions on back to back days. The main focus of this session will be to teach the fundamentals that are required to have a solid golf game and give an introduction into the rules and etiquette of golf for these young golfers. The price for this age group will be reduced to \$80.00

Dates:

July 5th & 6th (Tues-Wed) 9am to 10am

11 – 13 Years

At this age players should be steadily improving and we will look to build on this improvement and accelerate it. During these sessions we will analyze each player's ability level and customize the approach we will take with each student. Rules will be a very important area that will be covered, as at this age golfers will be finding themselves in situations where knowledge of the rules will be necessary. This session will be a great learning experience for young golfers looking to improve for enjoyment of the game and a great step toward tournament golf.

Dates:

July 12th & 13th (Tues-Wed) 8am to 10am

14 – 18 Years – Advanced

Our 14 – 18 year old advanced sessions will look heavily into the areas of each player's game that needs improvement. These sessions will not follow a strict agenda, as many of the players will need to work on different areas to improve. One area that will be covered extensively with the entire group will be the mental aspect of golf. Course management, tournament preparation, strategies, and emotional control will be talked about, as players at this age and ability will need to learn about this part of the game to see serious improvement. The fundamentals will be touched on with each player and time will be given to hitting different shapes of shots and trouble shots as well. This session is aimed at players who are currently playing tournament golf, or the player who is on the verge of playing.

Dates:

July 12th & 13th (Tues-Wed) 11am to 1pm

CLUB TOURNAMENTS

CLUB CHAMPIONSHIPS

The Club Championship is the headliner for the 2011 golf season. The boys & girls divisions include many different age groups, so everyone is encouraged to come out and play. There is a history of great junior champions from Lynx Ridge that have gone on to play university golf and beyond.

Dates:

Saturday & Sunday, July 23 - 24

JUNIOR INTERCLUB EVENTS

FOOTHILLS INTERCLUB

Lynx Ridge is involved in a Junior Interclub competition with 12 other golf courses. The purpose of the Interclub is to create some fun and competitive golf for our juniors who are interested in playing some different golf courses and meeting other juniors. Each competition requires 4 of our players against 4 from an opposing golf course. For more information please go to www.foothillsinterclub.info

QUALIFYING FOR THE TEAM

Players will be able to qualify for the team a number of different ways. The first way to qualify will be by competing in our interclub qualification tournament. Members of the Lynx Ridge Junior Tour will also be giving opportunities to qualify based on results at each event. Preference will be given to the juniors who have high participation levels and represent Lynx Ridge in the proper way.

LYNX RULES & REGULATIONS

Juniors have booking restrictions that we must be aware of. On the weekend juniors are only allowed to play after 12 noon. Anytime after that is acceptable for juniors to play. On weekdays, juniors are restricted between 4pm and 6pm, so please book before or after this block of time.

The Lynx Ridge Golf Club has a strict dress code policy. All juniors must wear pants or shorts at an acceptable length. No jean shorts or jean jackets are allowed. All shirts must have a collar, and must be tucked in. Any headwear must be worn correctly; at no time may hats be worn backwards.

Attitude and course conduct is very important. Other member's see the way juniors act and play on the golf course. Actions that are unacceptable such as throwing a golf club, swearing etc. will result in strict and swift punishment.

Juniors have the same privileges at the golf course as every other member. These include the access to the driving range, chipping green, the golf course and the restaurant. Please remember to respect these privileges.

Junior members can also use the ballot system to get time times on the weekend. The ballots are on-line and can be accessed via our website @ www.lynxridge.com . For more information on how to ballot please contact the Proshop.

Actions in the clubhouse are also important. Behaving in a respectful manner is an absolute must; any juniors, or members for that matter, found to be disrespecting the clubhouse may be banned from certain areas.

It is also imperative to treat the staff with respect, being polite to all staff is in your best interest and make your time at the club enjoyable. Your privileges can be taken away if you do not respect the staff.

COURSE ETIQUETTE

Juniors have to realize that their conduct on the golf course is interpreted as the kind of person they are. Being well behaved on the golf course makes the entire junior program look better. Actions such as losing your temper really reflect badly on yourself and the junior program.

A few points of etiquette that I would like to address will help you become a considerate player.

ETIQUETTE BETWEEN GOLFERS

The first is to not get in the way of another player's shot, meaning, do not walk directly in front of someone playing a shot. On the green this means not to walk on another player's line. Also never stand directly behind a player especially during their putt, as this can be distracting. Knowing where to stand goes a long way in being a considerate golfer. I must also remind players that you must be quiet during another players shot. It is very distracting for players if they hear chatter in the background.

Other actions that you can employ to becoming a considerate player is to watch each others shots and help locate golf balls that go astray, it is also nice to compliment good shots.

ETIQUETTE REGARDING THE COURSE

The golden rule for taking care of the course can be remembered by memorizing the "3 R's" of golf. That is Rake, Repair, and Replace.

1. Rake Traps. Always rake the sand traps after use. The trick is to enter a sand trap at the point closest to your golf ball and exit the same way, this way you don't have to rake as much.

2. Repair Ball Marks. When your ball makes a dent in the green you must always repair the damage you have caused so the greens stay in excellent condition. Not repairing a ball mark today might mean a missed putt tomorrow. Our Grounds crew puts a lot of work to keep the greens nice for you and it is our job to maintain them. A nice effort for every golfer to make is to repair all the ball marks that you see even if they may not be yours.

3. Replace Divots. If you take a divot out of the grass during your swing, you must replace this divot after your shot. In replacing your divots, the grass will heal much quicker and again our course will stay nicer to play in the future.

ETIQUETTE FOR TEE TIMES

If you book a time it is imperative to show up for the time you booked. If for some reason you cannot make a tee time you must cancel as soon as possible so we can fill your spot. Our official cancellation policy is 24 hours barring an emergency. It is unfair to leave a group hanging in the event of a no-show.

Good etiquette is to show up to the golf course well ahead of your tee time so that the starter is not scrambling to find you. Thus check in early to the Proshop and then to the Starter so that our time times run smoothly and on time. It is a proven fact that golfers play much better when they are not rushed and have time to warm up before they play.

Speed of play is also an extremely important point of etiquette. At Lynx Ridge we require you to play in 4 hour and fifteen minutes or less and/or not fall behind the group ahead of you. If the course marshal sees a gap between you and the group ahead of you, they will put you back into position. On the flip side it is also not wise to hit into the group ahead of you. So make sure the group ahead of you is out of your range before you hit. "Range" is the distance you can hit the ball with the club you selected for you next shot. For example, you must let the group ahead of you clear the green if you think you can reach it with your next shot.

A few tips to achieve a good pace are:

1. Play ready golf. Proceed to your ball as quickly as you can without interfering with another players shot, then whoever is ready to take the next shot does so. Caution: One should not simply rush ahead and hit without regard for the other members in the group. Always decide between the group who is next to play.

2. Always watch your ball (especially on poor shots). Then pick a line to where you think it is and walk on that line to the ball. It is much easier to find the ball this way, and subsequently speeds up play.

3. Walk at a good pace. Do not dilly-dally your way down the fairway.

Remember no one likes to wait on the golf course, so keeping up the pace is crucial.